	Mon	Tue	Wed	Thu	Fri	Sat	Sun
9:00 - 10:15	Yoga Flow Willow	Bodies In Motion Richard ;	Basics & Beyond Willow	Yoga Flow Roxanne	Basics & Beyond Linda	Slow Flow Willow	
10:30 -11:45	Gentle Willow	Basics & Beyond Deb	Restorative Yoga Willow	Basics & Beyond Roxanne	Gentle Linda	Basics & Beyond Willow	
12:00 - 1:15	Slow Flow Laura			Summer Series Willow		Yin/Yang Laura	
4:00 - 5:15			Yin Laura				
6:15 - 7:30	Fit & Flexible Deb	Basics & Beyond Linda	Yoga Flow Amy	Basics & Beyond Joy			